



7 STEPS

IN COVID-19 PREVENTION



Wash your hands often

Wash your hands with soap and water. It will effectively remove germs



Avoid touching face area

Coronavirus can attack the body through eyes, mouth and nose



Use your elbow or a tissue to cover your mouth when you cough



Stay out of crowded places and do physical distancing

Implementing physical distancing when you have to do outside activities or in public area in order to prevent corona virus infection



Stay at home when you fell unwell



If you got fever, cough and difficulty breathing, please contact the nearest health facility



Find the information from certain sources regarding covid-19